

A11.096 id:cf ref:196

7 December 2015

Ms Kiri Patton School of Psychology McElwain Building University of Queensland St Lucia Qld 4072

Email kiri.patton@uqconnect.edu.au

Dear Ms Patton

The Brisbane Catholic Education Research Committee has met and considered your application to conduct the research, titled "A cluster randomised controlled trial of brief mindfulness-enhanced wellbeing intervention for adolescents." Approval was granted by the committee for this research to be conducted.

Please note that participation in your project is at the discretion of the principal.

A condition of receiving this approval is that the following steps must be completed <u>prior</u> to working in the school.

- 1. Applicant to meet personally with each principal or their nominee and seek their approval to proceed.
- 2. Present this letter to the principal or their nominee.
- 3. Every researcher involved in the study, working in schools, must undertake a volunteer induction program for each school.
- 4. Every researcher involved in the study, working in schools, must be briefed by the principal or their nominee regarding:
- Reporting procedures and requirement to be undertaken if a researcher, witnesses a situation where they believe a child experiences or is at risk of harm.
- b. Reporting procedures and requirements to be undertaken if a child makes a disclosure to them.
- c. Be able to identify the schools' Student Protection Officers.

ALL CORRESPONDENCE:

Brisbane Catholic Education GPO Box 1201 Brisbane QLD 4001 Phone: (07) 3033 7000 Fax: (07) 3844 5101 www.bne.catholic.edu.au ABN 49 991 006 857



OFFICE LOCATIONS:

Dutton Park

243 Gladstone Road Phone: (07) 3033 7000

West End

199 Montague Road Phone: (07) 3033 7000

North Lakes

12 Endeavour Blvd Phone: (07) 3490 1700

Springwood

5-7 Laurinda Crescent Phone: (07) 3440 7900

Fr Bernard O'Shea Inservice Centre, Wilston

19 Lovedale St Phone: (07) 3033 7111

Ngutana-Lui Aboriginal and Torres Strait Islander Cultural Studies Centre, Inala

100 Lilac St Phone: (07) 3033 7200 It is a requirement of all researchers to provide a full report to Brisbane Catholic Education when finalised. Reference number 196 has been allocated to your project please quote this when making contact with this office.

If you have any further queries, please contact me on 3033 7546.

Best wishes for the successful completion of your research project.

Yours sincerely

Ian Davis

Special Project Officer Catholic Education

Archdiocese of Brisbane

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Dr Matthew Gullo - m.gullo @uq.edu.au Associate Professor Jason Connor - jason.connor @uq.edu.au