

ARE YOU INTERESTED IN IMPROVING YOUR MEMORY AFTER STROKE?

At Monash University, we are exploring new and innovative ways to improve memory after stroke. This study involves receiving one of two different interventions to help improve your memory. The project has been reviewed and approved by the Monash Health Human Research Ethics Committee.

Participants will be required to complete either computer training at home for 30 minute sessions, 5 times a week for 6 weeks, **OR** a face to face memory skills group for 2 hour weekly sessions for 6 weeks at the Monash Psychology Centre. Participants will also be asked to attend three two-hour assessment sessions at the Monash Psychology Centre, or at your home. These will involve completing cognitive tasks and questionnaires before, immediately after, and six weeks after completing your assigned memory intervention.

In order to participate, you need to:

- Be available to attend weekly sessions at the Monash Psychology Centre
- Have access to a computer and the Internet
- Be over the age of 18
- Have sufficient English language skills to complete the memory intervention.

Potential participants will be screened prior to their participation in the study to ensure that they are able to take part.

**If you are interested in taking part, please contact
Toni Withiel via email or phone.**



Contact:

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