



1 June 2017

Professor Catherine Hill  
Rheumatology Unit  
The Queen Elizabeth Hospital

Dear Professor Hill,

**Project title:** A randomised trial of colchicine for osteoarthritis of the hand (COLAH).

**HREC reference number:** HREC/16/TQEH/261

**CALHN reference number:** Q20161109

**RE: Ethics Application APPROVAL**

Thank you for submitting the above project for ethical and scientific review. The project was first considered by The Queen Elizabeth Hospital Human Research Ethics Committee (TQEH/LMH/MH) at its meeting held on 5 December 2016.

The HREC has reviewed all responses, and I am pleased to advise that your protocol has been granted full ethics approval and meets the requirements of the *National Statement on Ethical Conduct in Human Research, incorporating all updates*. The documents reviewed and approved include:

| <b>Document</b>                           | <b>Version</b> | <b>Date</b>      |
|---|----------------|------------------|
| NEAF Application                          | AU/1/1B1A214   | 15 November 2016 |
| Colchicine Protocol Book TQEH             | 3              | 30 May 2017      |
| TQEH PICF                                 | 3              | 30 May 2017      |
| Screening Physical Assessment             | 2              | 30 May 2017      |
| Week 0,6 and 12 Physical Assessment       | 2              | 30 May 2017      |
| Week 16 Physical Assessment               | 2              | 30 May 2017      |
| Advertisement Wording                     | 2              | -                |
| Participant Emergency Card                | -              | -                |
| Participant Visit Diary                   | -              | -                |
| Participant Medication Diary              | -              | -                |
| Participant Introductory Screening Letter | -              | -                |
| Radiation Risk Assessment                 | -              | 6 September 2016 |
| Joint Assessment                          | 1              | 15 November 2016 |
| Ultrasound Assessment                     | 1              | 15 November 2016 |
| Colchicine Product Information            | -              | 20 January 2016  |
| Colchicine Consumer Medicine Information  | -              | February 2016    |

Sites covered by this approval:

- **The Queen Elizabeth Hospital, SA: PI – Prof Catherine Hill**

HREC approval is valid for **5 years** from **1 June 2017 to 1 June 2022**.

Please quote the **HREC Reference number, HREC/16/TQEH/261** and the **CALHN Reference number, Q20161109** allocated to your study on all future correspondence.

**GENERAL TERMS AND CONDITIONS OF ETHICAL APPROVAL:**

1. For all clinical trials, the study must be registered in a publicly accessible trials registry prior to enrolment of the first participant.

2. This HREC is certified with the NHMRC for National Mutual Acceptance of Single Ethical and Scientific Review of Multi-Centre Clinical Trials. Any study sites that are not listed on this letter are not covered by this ethics approval. Any study-sites that wish to be added must contact the CPI, who must write formally to this HREC requesting the additional study site.
3. Adequate record-keeping is important and must be maintained in accordance with GCP, NHMRC and state and national guidelines. If the project involves signed consent, you should retain the completed consent forms which relate to this project and a list of all those participating in the project, to enable contact with them in the future if necessary. The duration of record retention for all clinical research data is 15 years.
4. Researchers must notify the HREC of anything which might warrant review of the approval of the study, or which warrant new information being presented to research participants, including:
  - (a) adverse events which warrant protocol change or notification to research participants;
  - (b) changes to the protocol;
  - (c) changes to the safety or efficacy of the investigational product, device or method;
  - (d) premature termination of the study.
5. Confidentiality of the research participants shall be maintained at all times as required by law.
6. Approval is valid for **5 years** from the date of this letter, after which an extension must be applied for.
7. Annual review reports must be submitted to the HREC, every 12-months on the anniversary of the above approval date. Each site covered by this HREC must submit a report, and it is the responsibility of the Coordinating Principal Investigator to ensure this is provided to the TQEH HREC Executive Officer, within 10 working days on each anniversary of the approval date, using the Annual Review Form available at: <http://www.basilhetzelinstitute.com.au/research/information-for-researchers/human-research-ethics-committee/>
8. The HREC must be advised with a final report or in writing, and a copy of any published material within 30 days of completion of the project.

**You are reminded that this letter constitutes ethical approval only. You must not commence this research project at any site until separate authorisation from the Chief Executive or delegate of that site has been obtained. For any queries, please contact the CALHN Governance Office:**  
[Health.CALHNResearchGovernanceIP&Contracts@sa.gov.au](mailto:Health.CALHNResearchGovernanceIP&Contracts@sa.gov.au)

This Committee endorses the NHMRC Guidance on *Safety Monitoring and Reporting in Clinical Trials Involving Therapeutic Goods* (November 2016). <https://www.nhmrc.gov.au/guidelines-publications/eh59>. The Guidance applies to all Clinical trials for safety monitoring and reporting of Investigational Medicinal Products (IMPs) and Investigational Medical Devices (IMDs), approved by this Committee.

This Committee is constituted in accordance with the NHMRC *National Statement on the Ethical Conduct of Human Research* (2007) incorporating all updates.

Should you have any queries about the HREC's consideration of your project, please contact Mrs Heather O'Dea, HREC Executive Officer on 08 8222 6841 or [Health.CALHNResearchEthics@sa.gov.au](mailto:Health.CALHNResearchEthics@sa.gov.au)

The HREC wishes you every success in your research.

Yours sincerely



Professor Richard E Ruffin  
Chairman, Human Research Ethics Committee (TQEH/LMH/MH)

RR:HO

Cc: Site Research Governance Officer(s)