



**ALLIANCE**  
HEALTHCARE (PVT) LTD.



**Northwest General**  
Hospital & Research Centre

A project of ALLIANCE HEALTHCARE (Pvt) Ltd.

Ref No: NwGH/Res/2257  
Date: 07-09-2017

**Inayat Ur Rehman**  
PhD scholar (clinical pharmacy)  
School of Pharmacy, Monash University  
Malaysia

Subject: **"ETHICAL APPROVAL FOR RESEARCH STUDY"**

Sir,

You have been granted an approval to conduct research study on "Randomized control trial for effectiveness of acupressure therapy to improve sleep among hemodialysis patients having CKD associated pruritus" at Northwest General Hospital and Research Center. You must respect and abide by the decision of the ethics committee at Northwest School of Medicine and Northwest General Hospital regarding the study.

1. No visual data or any of recording within and around the hospital premises.
2. The ethics committee approve the project for quantitative research for dialysis patients only.

**Institute Ethics Coordinator Declaration**  
(Tick as applicable)

- The Institute Ethics Committee is satisfied that the researchers have identified and addressed the ethical issues and grants ethical approval for this research.

**Dr. Ayesha Sikandar**  
Research Associate  
Medical Education & Research.

**Dr. Muhammad Iqbal Wahid**  
Assistant Director R & D  
Northwest General Hospital & Research Centre  
Hayatabad, Peshawar

**Dr. Iqbal Wahid**  
Assistant Director  
Medical Education & Research.