



**ETHICS COMMITTEE APPROVAL**

Ref : KE/FK/0327/EC/2018

- Title of the Research Protocol : Changes in health, nutritional, functional and mental status, hospitalisation and quality of life among community-living older people in Yogyakarta, Indonesia
- Documents Approved : 1. Study Protocol version 1-27<sup>th</sup> March 2018  
2. Information for Subjects versi 02 2018  
3. Informed consent form versi 02 2018
- Principle Investigator : Tony Arjuna, S.Gz, M.NutDiet, AN, APD
- Participating Investigator(s) : 1. Dr. Stijn Soenen, PhD  
2. Rasita Amelia Hasnawati, S.Gz  
3. Dr. Susetyowati, DCN., M.Kes  
4. Perdana S.T. Suyoto, S.Gz., M.Sc, RD  
5. Aviria Ermamilia, S.Gz, M.Gizi, RD  
6. Kylie Lange, BSc  
7. Dr. Natalie Luscombe-Marsh BSc (Hons), PhD  
8. Prof. Ian Chapman MBBS, PhD, FRACP
- Date of Approval : **13 APR 2018**  
(Valid for one year beginning from the date of approval)
- Institution(s)/place(s) of research : Kulonprogo District and City of Yogyakarta, Laboratorium Klinik CITO, Research Laboratory, Faculty of Medicine, Public Health, and Nursing, Universitas Gadjah

The Medical and Health Research Ethics Committee (MHREC) states that the above protocol meets the ethical principle outlined in the Declaration of Helsinki 2008 and therefore can be carried out.

The Medical and Health Research Ethics Committee (MHREC) has the right to monitor the research activities at any time.

The investigator(s) is/are obliged to submit:

- Progress report as a continuing review : Annually  
 Report of any serious adverse events (SAE)  
 Final report upon the completion of the study

Prof. dr. Mohammad Hakimi, Sp.OG(K), Ph.D  
Chairperson

dr. Rizka Humardewayanti Asdie, Sp.PD-KPTI  
Secretary

Attachments:

- Continuing review submission form (AF 4.3.01-014.2013-03)  
 Serious adverse events (SAE) report form (AF 6.1.01- 019.2013-03)