

**St. Vincent’s SportsMed**

**Measuring the effect of Hyaluronic acid (HA)on tendon healing after arthroscopic rotator cuff repair: A prospective randomized clinical trial**

**3rd check point**

**3 months post op**

 **(Patient part)**

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:

sex: M F

Hand dominance: R L

Operative shoulder: R L

Investigator: Signature:

Date:

**ASES score (patient section) 1**

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1.American Shoulder and Elbow Surgeons Standardized Shoulder Assessment Form, patient self-report section: reliability, validity, and responsiveness.Michener LA, McClure PW, Sennett BJ.J Shoulder Elbow Surg. 2002 Nov-Dec;11(6):587-94.

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**Constant shoulder score 2**

**(Patient part)**

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2.Constant CR, Murley AH. A clinical method of functional assessment of the shoulder. Clin Orthop Relat Res. 1987 Jan;(214):160-4 {adopted by The [European Society for Shoulder and Elbow Surgery (ESSES)](http://www.secec.org/)**}**

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**3 months post op**

 **(Physician part)**

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:

sex: M F

Hand dominance: R L

Operative shoulder: R L

Investigator: Signature:

Date:

**Please document any adverse events in the adverse events form**

**Constant shoulder score**

**(Physician part)**

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**Strength is measured using a spring balance**

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| --- |
| **MRC grade:** 0 = No contraction, 1= flicker, 2=Movement with gravity eliminated3= Movement against gravity, 4=Movement against some resistance, 5= Normal power |
|  | Right | left |
| Forward elevation | 0 1 2 3 4 5 | 0 1 2 3 4 5 |
| Abduction | 0 1 2 3 4 5 | 0 1 2 3 4 5 |
| External rotation (Arm at side) | 0 1 2 3 4 5 | 0 1 2 3 4 5 |
| Internal rotation (Arm at side) | 0 1 2 3 4 5 | 0 1 2 3 4 5 |

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**Manual strength testing**